# **Brooke Trainer**

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#### **EDUCATION**

# **University of Wisconsin-Madison**

Bachelor of Science in Athletic Training

Madison, Wisconsin 5/20XX

## **CERTIFICATIONS**

American Red Cross-CPR for the Professional Rescuer NATABOC Certification Wisconsin Board of Athletic Trainers Licensure

## RELEVANT EXPERIENCE

**Athletic Trainer** 

8/20XX - Present

Whitewater School District

Whitewater, Wisconsin

- Established an injury prevention seminar attended by high school athletes
- Covered football, wrestling, basketball, and track events to provide immediate assistance to injured students
- Collaborated with 2 athletic trainers to coordinate coverage for high school sporting events
- Provided daily training sessions to improve students' fitness and injury rehabilitation
- Created and implemented new exercise plan to reduce player injuries

## **Practicum Athletic Trainer**

1/20XX - 5/20XX

McClain Sports Medicine Center

Madison, Wisconsin

- Co-taught a first-aid class to 30 participants and modeled first-aid techniques
- Managed detailed records of injuries, treatments, and exercise plans
- Advised student athletes on appropriate training techniques and injury prevention
- Performed administrative tasks including filing records and scheduling assistance
- Assisted in the coverage of local UW-Madison baseball and softball games

**Volunteer** 8/20XX - 11/20XX

UW Health Sports Medicine Clinic

Madison, Wisconsin

- Observed athletic trainers take comprehensive patient histories to provide optimum care
- Watched trainers examine and guide patients through individualized exercise plans
- Provided nutritional guidance to athletes under the supervision of certified trainers
- Observed athletic trainers performing emergency triage at high school football games

#### **MEMBERSHIPS**

National Athletic Trainers' Association

Wisconsin Athletic Trainers' Association

Association of Athletic Training Students

3/20XX - Present

8/20XX - 5/20XX

#### **HONORS**

Dean's List

Dr. Greg Landry Athletic Training Scholarship

20XX - 20XX

4/20XX